

**OVERVIEW 2021– 2022**  
**PSHE YEAR 7**

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
<b>Autumn 1</b>	1. Being Healthy						
	Inset 1 day						
<b>Autumn 2</b>	2. Exploring Relationships						
	Inset 2 days						
<b>Spring 1</b>	3. Positive Mental Health						
						Reports	Data Collection
<b>Spring 2</b>	4. Managing Conflict						
	Inset 1 dav						
<b>Summer 1</b>	5. Responsible Choices (staying safe)						
							Data Collection
<b>Summer 2</b>	6. Puberty and Personal Hygiene / 7. The Sleep Factor						
	Inset 1 dav					Inset 1 dav	
<b>KEY</b>	Topic	Staff Training	Teacher	Data	School Reports	Examinations	