

OVERVIEW 2018 – 2019

PSHE YEAR 8/9

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Autumn 1	My Achievements – Introduction to PHSE and Healthy Lifesyles						
	Inset 1 day						Data collection
Autumn 2	My Achievements - Qualities & Skills, Motivation, Long Term Goals						
	Inset 2 days						Data Collection
Spring 1	Self Esteem- To promote a positive sense of self through exploration of own identity						
						Reports	Data Collection
Spring 2	Getting On – To develop the skills of conflict resolution & communication						
	Inset 1 day						Data Collection
Summer 1	Puberty, Health & Hygeine- To develop an awareness of the changes in our bodies during Puberty						
							Data Collection
Summer 2	Smoking, Alcohol & Drug Awareness – To raise awareness of the effects on our bodies. The consequences of misuse.						
	Inset 1 day				Inset 1 day		Reports
KEY	Topic taught	Staff Training	Teacher Assessment	Data	School Reports	Examinations	