

# NEWSLETTER

THERAPEUTIC SUPPORT FOR PARENTS AND CARERS.

## END OF YEAR 2021

2020-2021 has been another challenging year for many. However, we are so proud of what we have achieved this year at Chaigeley School and of all our pupils who have completed another year during a pandemic.



This year has seen lots of changes in our therapy department. We have welcomed a new Play Therapist who delivers therapy to pupils along with our School Counsellor and Speech and Language Practitioners to support our pupils' social, emotional and mental health difficulties. We have also created a family room to work therapeutically with parents and carers to better support our pupils further in achieving the best outcomes for them and you their families.



Please email us any questions/feedback that you may have to help support you and your family; [therapy@chaigeleyschool.org](mailto:therapy@chaigeleyschool.org)

See our Twitter page for more info, news and activity ideas; [@TChaigeley](https://twitter.com/TChaigeley)



The therapy team here at Chaigeley School would like to thank all our parents and carers for your on-going involvement and hard work during this past year and if you need any support or have any questions over the summer holidays please feel free to contact us:



Robyn Stuart, Play Therapist.  
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Clair Brewer, School Counsellor.  
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Jude Inman, Speech & Language Practitioner.  
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We look forward to September 2021 and continuing to support and help our pupils to reach their full potential emotionally and academically. We are looking forward to hopefully a more 'normal' year in were we can have more contact and engagement with parents/carers and families to better help you with any issues/worries you may be facing with therapeutic and practical support.

Our team wish you a lovely and relaxing summer and look forward to seeing you again in September.

Six self-care tips for parents  
<https://www.bbc.co.uk/bitesize/articles/zdp93j6>